



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES
BUREAU OF COMMUNITY FOOD AND NUTRITION ASSISTANCE (CFNA)
SUMMER FOOD SERVICE PROGRAM (SFSP)
MENU - MEAL TEMPLATE

NAME OF SPONSOR					
NAME OF SITE				WEEK OF	YEAR
Breakfast	Monday ____/____/____	Tuesday ____/____/____	Wednesday ____/____/____	Thursday ____/____/____	Friday ____/____/____
Fluid Milk (8 oz.)					
Vegetable or Fruit (1/2 cup)					
Grain/Bread (1 slice/serving)					
Other Foods					
Lunch/Supper					
Fluid Milk (8 oz.)					
Meat/Meat Alternative (2 oz.)					
2 Vegetables and/or Fruits (3/4 cup total)					
Grain/Bread (1 slice/serving)					
Other Foods					
Snack <i>Serve 2 of 4 components</i>					
Fluid Milk (8 oz.)					
Meat/Meat Alternative (1 oz.)					
Vegetable or Fruit (3/4 cup)					
Grain/Bread (1 slice/serving)					
Other Foods					